

Mountain Region Competition Activities Notes



A summary of the guidelines and special rules for the Mountain Region activities follows. Changes or emphases from the last year are *italicized*. It is important to keep foremost in our minds that these are fellowship activities, intended to give your young people an opportunity for friendly competition. Officiating is usually not strict because of the nature of the activities.

Three-on-three Basketball (Spring Activity)

- Levels of competition are as follows: grades 4-6 boys, 4-6 girls, 7-12 boys, 7-12 girls.
- Each school may enter one or two teams at each level.
- The tournaments are double elimination tournaments. If one team is eliminated in the tournament, students from that team may not transfer to another team.
- Trophies will be awarded for 1st, 2nd, and 3rd place teams in 7-12 division. Ribbons will be awarded for all players on 1st, 2nd, and 3rd place teams in 7-12 division and 4-6 division.
- Each team may have two substitutes.
- The games will be five-minute small-court games.
- The clock will run for the first 4.5 minutes; the clock will stop in last 30 seconds for violations.
- The clock will never stop for possession changes.
- The first possession will be decided by a coin toss.
- Fouls: The fouled team receives the ball if the foul is a non-shooting foul.
Two shots will be awarded for shooting fouls unless the basket is good, in which case only one shot will be awarded.
Three shots will be awarded for a foul on a three-point shot.
An official may eject a player for a foul that the official considers a flagrant foul.
- In event of a tie at the end of regulation play, the first possession will be decided by a coin toss, and the first team to score wins.
- Teams may substitute freely as long as there is no interference with play.
- One twenty-second time out will be allowed per game for each team.
- Girls teams and elementary boys teams will use the high school girls size (28-inch) ball.
- National federation rules apply for anything not covered above.

Volleyball (Fall Activity)

The volleyball tournament will be co-ed. Each team must have at least two girls on the court at all times. Each team will consist of six floor players and up to two substitutes. Students of any age may play on the team. Each school may enter two teams. The tournament will be double elimination. The first serve will be determined by a coin toss. Games will be 15 points, and rally scoring will be used. When rally scoring is used, each ball served results in a point. For instance, if a ball is served into the net, a point is scored for the opposing team. (In regular scoring, a ball served into the net would result in a side out but no point scored.) Trophies will be awarded to the 1st, 2nd, and 3rd place teams. Ribbons will be awarded to each player on the 1st, 2nd, and 3rd place teams.

Archery (Fall Activity)

The competition will be field archery (circle targets), and archers will shoot 4 flights of 5 arrows (20 total). The number of competitors will not be limited, but schools must register when requested to allow for a sufficient number of targets to be set up. Ribbons will be awarded to the 1st, 2nd, and 3rd place boy and girl in each age division. Team trophies will also be awarded for 1st, 2nd, and 3rd place. These trophies will be determined by adding the two top scores for each school in each division.

Levels and target distance:	8 years and under	10 yards
	9-10 years	15 yards
	11-12 years	15 yards
	13-15 years	15 yards
	16 years and over	15 yards

Additional Archery Guidelines

- Competitors must bring at least six arrows (field points only, NO BROADHEADS).
- All contestants, coaches, and officials must stay behind the shooting line. Only when the line is called safe may a contestant, coach, or official go beyond the shooting line.
- Contestants must lay down their bows while arrows are being retrieved.
- Each school is strongly encouraged to provide one adult to help as a tournament official.