



## Track and Field Meet May 2, 2009 Midlothian, Virginia

| School/Code       | 1 <sup>st</sup> (Pts.) | 2 <sup>nd</sup> (Pts.) | 3 <sup>rd</sup> (Pts.) | 4 <sup>th</sup> (Pts.) | 5 <sup>th</sup> (Pts.) | 6 <sup>th</sup> (Pts.) | Total | Trophy                |
|-------------------|------------------------|------------------------|------------------------|------------------------|------------------------|------------------------|-------|-----------------------|
| Commonwealth, CCR | 0 (0)                  | 3 (24)                 | 3 (18)                 | 6 (24)                 | 11 (22)                | 7 (7)                  | 95    |                       |
| Leesburg, LL      | 2 (20)                 | 1 (8)                  | 5 (30)                 | 5 (20)                 | 6 (12)                 | 7 (7)                  | 97    |                       |
| Landmark, LR      | 16 (160)               | 20 (160)               | 16 (96)                | 14 (56)                | 9 (18)                 | 5 (5)                  | 495   | 1 <sup>st</sup> Place |
| Southside, SR     | 19 (190)               | 14 (112)               | 12 (72)                | 10 (40)                | 7 (14)                 | 6 (6)                  | 434   | 2 <sup>nd</sup> Place |
| Temple, TMH       | 7 (70)                 | 6 (48)                 | 7 (42)                 | 4 (16)                 | 4 (8)                  | 7 (7)                  | 191   | 3 <sup>rd</sup> Place |

*Note: When two competitors finish tied, they split points for two positions. For example, if there is a tie for 3<sup>rd</sup> place, the two competitors split the 6 points for 3<sup>rd</sup> place and 4 points for 4<sup>th</sup> place, each contestant thus earning 5 points for his team. On the chart, such a finish is designated as half a 3<sup>rd</sup> place and half a 4<sup>th</sup> place finish so that the arithmetic works according to rule.*

| Ribbon Winners, Level II, Grades 7-9                                     |                       |     |                |                       |     |                       |     |
|--|-----------------------|-----|----------------|-----------------------|-----|-----------------------|-----|
| * An asterisk in the Time, Distance column indicates a new ODACS record. |                       |     |                |                       |     |                       |     |
| Event  | 1 <sup>st</sup> Place |     | Time, Distance | 2 <sup>nd</sup> Place |     | 3 <sup>rd</sup> Place |     |
| Girls' 50m   | Kami Marshall         | TMH | NA             | Gabrielle Gaines      | TMH | Tamara Clark          | LR  |
| Boys' 50m  | D'Andre Lincoln       | LL  | 6.62           | Daniel Gooden         | LR  | Robbie Carroll        | LR  |
| Boys' 1600m  | Brad Harris           | LR  | 5:22.94        | Josh Welfare          | TMH | Ben Harris            | LR  |
| Girls' 100m  | Kami Marshall         | TMH | 13.85          | Gabrielle Gaines      | TMH | Tamara Clark          | LR  |
| Boys' 100m   | D'Andre Lincoln       | LL  | 12.10          | Daniel Gooden         | LR  | Richard Crick         | SR  |
| Girls' 800m  | Charlotte Gulasky     | LR  | 3:18.34        | Crystal McDonald      | SR  | Avery Whiteside       | LR  |
| Boys' 800m   | Patrick Wilkins       | SR  | 2:37.04        | Ben Harris            | LR  | Matt La Rock          | LL  |
| Girls' 200m  | Katrina Wright        | SR  | 32.43          | Anitra Thomas         | TMH | Charlotte Gulasky     | LR  |
| Boys' 200m   | Corey Barker          | SR  | 26.28          | Richard Crick         | SR  | Chris Edwards         | LR  |
| Girls' 400m  | Kayla Kelly           | LR  | 1:14.31        | Christina Nguyen      | LR  | Ellen Wailes          | TMH |
| Boys' 400m   | Brad Harris           | LR  | 1:06.53        | Corey Barker          | SR  | Matt La Rock          | LL  |
| Girls' Shot Put  | Ellen Wailes          | TMH | 24' 6"         | Kayla Kelly           | LR  | Kami Marshall         | TMH |
| Boys' Shot Put   | Colin Mullins         | TMH | 28' .125"      | Matt Allen            | LL  | Ben Madlinger         | LR  |
| Girls' Softball Throw  | Anitra Thomas         | TMH | 135' 6"        | Taylor Jefferson      | LR  | Khaneijah Taylor      | CCR |
| Boys' Softball Throw   | Patrick Wilkins       | SR  | 201' 6"        | Daniel Gooden         | LR  | Shawn Argon           | TMH |
| Girls' Long Jump   | Gabrielle Gaines      | TMH | 12' 3.25"      | Chelsea Mozingo       | LR  | Kami Marshall         | TMH |
| Boys' Long Jump  | Corey Barker          | SR  | 14' .25"       | Brad Harris           | LR  | Jon Sumpster          | LR  |
| Girls' Discus  | Megan Hoffman         | LR  | 60' 9"         | Anitra Thomas         | TMH | Tamara Clark          | LR  |
| Boys' Discus   | Daniel Gooden         | LR  | 64' 7.75"      | Brad Harris           | LR  | Donnell Randolph      | SR  |
| Girls' 4x100m Relay  | Temple                | TMH | 1:01.75        | Landmark              | LR  | Southside             | SR  |
| Boys' 4x100m Relay   | Landmark              | LR  | 56.66          | Southside             | SR  | Temple                | TMH |

**Ribbon Winners, Level III, Grades 10-12**

*\* An asterisk in the Time, Distance column indicates a new ODACS record.*

|                       |                     |    |            |                  |     |                   |     |
|-----------------------|---------------------|----|------------|------------------|-----|-------------------|-----|
| Girls' 50m            | Ariel Swearengen    | LR | 7.22       | Erin Caine       | LR  | Raquel Lowe       | SR  |
| Boys' 50m             | Willie Smith        | SR | 6.13       | Darryl Jasper    | CCR | Adrian Redding    | SR  |
| Boys' 1600m           | Nicholas Wooldridge | SR | 5:30.47    | Emmanuel Gooden  | LR  | Dustin Johnson    | TMH |
| Girls' 100m           | Crystal Glasgow     | SR | 13.53      | Ariel Swearengen | LR  | Yasmine Holmes    | CCR |
| Boys' 100m            | Chris Villers       | SR | 11.35      | Darryl Jaspers   | CCR | Justin Barker     | SR  |
| Girls' 800m           | Eleanor Redding     | SR | 3:35.85    | Liese Petry      | LR  | Yvette Van Workum | LR  |
| Boys' 800m            | Adam Fernandez      | SR | 2:22.53    | Alex Elliott     | LR  | Jeremy Mosteller  | LL  |
| Girls' 200m           | Crystal Glasgow     | SR | 28.63      | Erin Caine       | LR  | Tressan Gordan    | SR  |
| Boys' 200m            | Alex Lubsey         | SR | 23.25      | Willie Smith     | SR  | Phillip Nguyen    | LR  |
| Girls' 400m           | Tressan Gordan      | SR | 1:18.57    | Jackie Bethune   | TMH | Liese Petry       | LR  |
| Boys' 400m            | Jason Smith         | SR | 51.00 *    | Melvin Robinson  | SR  | Emmanuel Gooden   | LR  |
| Girls' Shot Put       | Erin Caine          | LR | 28' 9.25"  | Tressan Gordan   | SR  | Raquel Lowe       | SR  |
| Boys' Shot Put        | Brandon Holmes      | LR | 36' 3"     | Adrian Redding   | SR  | Matthew Haymon    | CCR |
| Girls' Softball Throw | Erin Caine          | LR | 118' 0"    | Erica Collier    | LR  | Eleanor Redding   | SR  |
| Boys' Softball Throw  | Brandon Holmes      | LR | 243' 4"    | Adrian Redding   | SR  | Darius Adams      | SR  |
| Girls' Long Jump      | Crystal Glasgow     | SR | 13' 5"     | Ariel Swearengen | LR  | Eleanor Redding   | SR  |
| Boys' Long Jump       | Alex Lubsey         | SR | 18' 10"    | Jason Smith      | SR  | Kevin Pinson      | LR  |
| Girls' Triple Jump    | Liese Petry         | LR | 23' 5"     | Crystal Gelasco  | SR  | Jackie Bethune    | TMH |
| Boys' Triple Jump     | Chris Villers       | SR | 37' 8.5" * | A. J. Wilkins    | SR  | Kevin Pinson      | LR  |
| Girls' Discus         | Ariel Swearengen    | LR | 72' 0"     | Tressan Gordan   | SR  | Brooke Bullock    | LL  |
| Boys' Discus          | Stephen Long        | LR | 90' 8"     | A. J. Wilkins    | SR  | Carlin Gill       | SR  |
| Girls' 4x100m Relay   | Landmark            | LR | 1:01.75    | Commonwealth     | CCR |                   |     |
| Boys' 4x100m Relay    | Southside           | SR | 46.29 *    | Landmark         | LR  | Leesburg          | LL  |